



Slow down? I'm just getting started. I am...

SENIOR STRONG



Nominate:

Do you know a senior with true strength? Someone whose contributions—big or small—is making our corner of the world a better place? Help tell their story.

Nominate them today.



Join the movement

The Senior Strong movement is happening all across Michigan. Sign up to volunteer, help spread the movement or to receive regular updates.



News

Month Day, Year

We're making headlines. Check out our coverage.

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